

Curriculum Vitae

Dr. Sanjay Sinha, MBBS, MS, DNB, MCh, MAMS

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Qualifications:

MCh (Urology) 1995, **DNB** (General Surgery) 1992, **MS** (General Surgery) 1991, **MBBS** 1987

Curriculum Vitae

Dr Sanjay Sinha is Honorary Professor and Senior Consultant in the Department of Urology, Apollo Hospital, Hyderabad. He graduated MBBS in 1987 and subsequently completed his MS Surgery in 1992, both from the Institute of Medical Sciences, Varanasi. He completed his Urology training at SGPGIMS, Lucknow in 1995 under Prof Mahendra Bhandari. He is currently working at Apollo Hospital for the last 14 years and has a special interest in Functional Urology, Neuro-urology and Female Urology.

Dr Sinha is (Founding) National Chair for the Functional and Female Urology Section of the Urological Society of India, USI. He is lead author for the USI Guidelines on 'Urinary Incontinence in Adults' and Editor for the 8th Edition of Incontinence, the textbook from the International Consultation on Incontinence of the ICS. He is Associate Editor of the Indian Journal of Urology, BMC Urology and SIU Journal and is on the Editorial Board for Neurourology Urodynamics, International Urogynecology Journal and Current Bladder Dysfunction Reports.

Dr Sinha has conducted numerous academic programs across the world as well as workshops at several ICS and IUGA Annual Congresses. He has delivered numerous lectures at national and international forums. He has over 100 publications in peer reviewed journals and 9 chapters in textbooks and received the most cited manuscript certificate from Neurourology Urodynamics for 2023. He is a recipient of the Best Student Award of IMS, Bard Scholarship in Urology of USI, Best Paper Award at USICON, Best Abstract Award at ICS Gothenburg 2019, Best Reviewer Award from IJU, eight distinctions at MBBS and the BHU University medal, NCERT National Talent Scholarship and the First All-India rank at the 12th Standard Board Examination. He is currently Chair for the Neuro-urology Promotion Committee of the ICS and is on the Advisory Board of the ICIQ, Bristol, UK.

Current Positions:

1. **(Founding) Chair:** Functional Urology Section of the Urological Society of India
2. **Associate Editor:** Indian Journal of Urology, Société Internationale d'Urologie Journal, and BMC Urology
3. **Editorial Board Member:** Neurourology Urodynamics (2023-), International Urogynecology Journal (2007-Ongoing), Current Bladder Dysfunction Review (2011- Ongoing)
4. **Contributing Author:** 7th International Consultation on Incontinence: 2023
5. **Chair, First Urological Society of India Guidelines on “Non-neurogenic Urinary Incontinence in Adults”** (*Executive Summary in Ind J Urol 2019; Full text on www.usi.org.in*)
6. **ICS-SUFU Standardization Panel on Pressure-Flow Studies**
7. **ICIQ Advisory Board, Bristol, UK**

Articles in Journals

1. **Sinha S**, Tarcan T, Speich J, Plata M, Finazzi-Agro E, Drake M. ICS teaching module on urodynamics for lower urinary tract symptoms in men. *Continence* 2025; 14: 101758.
2. **Sinha S**, Trivedi S, Mittal A, Bora G, Nayyar R, Vasudeva P, et al. Clinical epidemiology of young men with lower urinary tract symptoms: The SciCOM 3 project. *Ind J Urol* 2025; 41; 137-144.
3. Van den Ende M, Apostolidis A, **Sinha S**, Kheir GB, Mohamed-Ahmed R, Selay C, Abrams P, Vrijens D. Should We Be Treating Affective Symptoms, Like Anxiety and Depression Which May Be Related to LUTD in Patients With OAB? ICI-RS 2024. *Neurourol Urodyn.* 2025
4. Finazzi Agrò E, Rosato E, Kheir GB, Rademakers K, Averbek MA, Tarcan T, Hashim H, Gammie A, **Sinha S**, Song QX, Mohamed-Ahmed R, Da Silva A, Lombardo R, Abrams P, Wein A, Werneburg GT. How Can We Show That Artificial Intelligence May Improve Our Assessment and Management of Lower Urinary Tract Dysfunctions?-ICI-RS 2024. *Neurourol Urodyn.* 2024 Oct 25. doi: 10.1002/nau.25606.
5. **Sinha S**. Challenges facing children with neurogenic lower urinary tract dysfunction in India. *Indian J Urol.* 2024 Oct-Dec;40(4):213-214.
6. **Sinha S**, Cruz F, Cuenca EM, Przydacz M, Kheir GB, Kanai AJ, Van Huele A, Gajewski JB, Tarcan T, Lazar JM, Weiss JP, Tyagi P, Abrams P, Wein A. Is It Possible to Regenerate the Underactive Detrusor? Part 1 Molecular and Stem Cell Therapies Targeting the Urinary Bladder and Neural Axis ICI-RS 2024. *Neurourol Urodyn.* 2024 Oct 7. doi: 10.1002/nau.25597.
7. **Sinha S**, Gajewski JB, Tarcan T, Van Huele A, Cruz F, Martinez EM, Przydacz M, Bou Kheir G, Lombardo R, Wein A, Abrams P. Is it Possible to Regenerate the Underactive Detrusor? Part 2 Electrical Stimulation Therapies, Treatment of Bladder Outlet Obstruction, Constipation, and Pelvic Floor Disorders ICI-RS 2024. *Neurourol Urodyn.* 2024 Oct 7. doi: 10.1002/nau.25594.

8. **Sinha S.** Follow-up for the upper urinary tract in patients with high-risk neurogenic lower urinary tract dysfunction. *World J Urol.* 2023 Nov;41(11):3309
9. Averbek MA, Gajewski JB, Finazzi-Agrò E, Chermansky CJ, Sahai A, Późniak M, **Sinha S**, Mosiello G, Harding C, Hashim H, Dmochowski R, Belal M, Abrams P. Is Our Limited Understanding of the Effects of Nerve Stimulation Resulting in Poor Outcomes and the Need for Better "Rescue Programming" in SNM and PTNS, and Lost Opportunities for New Sites of Stimulation? ICI-RS 2024. *Neurourol Urodyn.* 2024 Oct 10. doi: 10.1002/nau.25600
10. Gammie, A., Khullar, V., Rantell, A., Cotterill, N., Abrams, P., Song, Q.-X., Smith, M. and **Sinha, S.** Water Intake in Drinks and Food: How Should We Advise Patients With Lower Urinary Tract Dysfunction on Their Water Intake and/or Urine Output, as a Cornerstone of Lifestyle Interventions? ICI-RS 2024. *Neurourol Urodyn*, 2024. <https://doi.org/10.1002/nau.25601>
11. Sakakibara R, **Sinha S**, de Wachter S, et al. Lower urinary tract dysfunction in uncommon neurological diseases, Part III: A report of the Neuro-urology Promotion Committee of the International Continence Society. *Continence* 11, 2024. DOI: <https://doi.org/10.1016/j.cont.2024.101340>
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14. **Sinha S.** The Use of Uroflowmetry as a Diagnostic Test. **Curr Urol Rep** 2024; 25: 99-107.
15. Tarcan T, Hashim H, Malde S, **Sinha S**, et al. Can we predict and manage persistent storage and voiding LUTS following bladder outflow resistance reduction surgery in men? ICI-RS 2023. **Neurourol Urodyn** 2024; doi:10.1002/nau.25435
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17. Tarcan T, Acar Ö, Malde S, **Sinha S**, Sahai A, Perrouin-Verbe MA, Hashim H, Agro EF, Wein A, Abrams P. Can we predict whether a man with acute or chronic urinary retention will void after bladder outflow resistance reduction surgery? ICI-RS 2023. **Neurourol Urodyn** 2024 Aug;43(6):1447-1457.
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19. Finazzi-Agrò E, Rosato E, Wagg A, **Sinha S**, Spicchiale CF, Serati M, et al. How do we make progress in phenotyping patients with LUT such as OAB and underactive detrusor, including using urine markers and microbiome data, in order to personalise therapy? **Part 1** *Neurourol Urodyn* 2024
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underactive detrusor, including using urine markers and microbiome data, in order to personalise therapy? **Part 2 Neurourol Urodyn** 2024

21. Kheir GB, Wyndaele M, **Sinha S**, Holm-Larsen T, Erik VL, Birder L. Lifelong LUTS: Understanding the bladder's role and implications across transition phases, a comprehensive review. **Neurourol Urodyn** 2024 Jan 30. doi: 10.1002/nau.25304.
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23. Taithongchai A, Mohamed-Ahmed R, **Sinha S**, Gibson W, Giarenis I, Robinson D, Abrams P. Should hormone replacement therapy (any route of administration) be considered in all postmenopausal women with lower urinary tract symptoms? Report from the ICI-RS 2023 **Neurourol Urodyn** 2024; 43: 1321-1327.
24. **Sinha S**, Everaert K, Kheir GB, Roberts N, Solomon E, Belal M, Selai C, Perrouin-Verbe M, Spicchiale CF, Wein A, Abrams P. Could A Better Understanding of The Underlying Pathophysiologies Lead to More Informed Treatment Choices in Patients with Lower Urinary Tract Dysfunction Due to An Acontractile or Underactive Detrusor? ICI-RS 2023 **Neurourol Urodyn** 2023 10.1002/nau.25329
25. **Sinha S**, Vasudeva P. Can Apparently Transient Life Events Trigger Long-Term Lower Urinary Tract Symptoms? **Neurourol Urodyn** 2024 doi: 10.1002/nau.25303
26. **Sinha S**, Wachter SD, Welk B, et al: Lower urinary tract dysfunction in uncommon neurological diseases, Part II: A report of the Neuro-urology Promotion Committee of the International Continence Society. **Continence** 2023; 7: 101043
27. **Sinha S**. Follow-up for the upper urinary tract in patients with high-risk neurogenic lower urinary tract dysfunction. **World J Urol** 2023: 41; 3309–3316.
28. Verbakel I, Lazar J, **Sinha S**, Hashim H, Weiss J, Abrams P, Everaert K. How should we assess the cardiovascular system in patients presenting with bothersome nocturia? ICI-RS 2023 **Neurourol Urodyn** 2023 10.1002/nau.25331
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- recommendations for pressure-flow studies performance, analysis, and reporting. **Part 1:** Background theory and practice. **Continence**, 100710, 2023. DOI: 10.1016/j.cont.2023.100710
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 34. **Sinha S**, Bharadwaj S. Urodynamic characteristics of adult men with mixed detrusor overactivity with detrusor underactivity: A database analysis. **J Clin Urol**, 18(1): 38-43, 2025 (DOI: [10.1177/20514158221143248](https://doi.org/10.1177/20514158221143248))
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 37. Rosier PFWM, Valdevenito JP, Smith P, **Sinha S**, Speich J, Gammie A; Members of the ICS Working Group PFS23. **ICS-SUFU standard:** Theory, terms, and recommendations for pressure-flow studies performance, analysis, and reporting. **Part 1:** Background theory and practice. **Neurourol Urodyn**. 2023; 42: 1590-1602.
 38. Rosier PFWM, Gammie A, Valdevenito JP, Speich J, Smith P, **Sinha S**; members of the ICS Working Group PFS23. **ICS-SUFU standard:** Theory, terms, and recommendations for pressure-flow studies performance, analysis, and reporting. **Part 2:** Analysis of PFS, reporting, and diagnosis. **Neurourol Urodyn**. 2023; 42: 1603-1627.
 39. **Sinha S**, Finazzi-Agrò E, Dmochowski RR, Hashim H, Iacovelli V. The bladder contractility and bladder outlet obstruction indices in adult **men**: Results of a global Delphi consensus study. **Neurourol Urodyn** 2023; 42: 229-238.
 40. Vasudeva P, Yadav S, Patel S, **Sinha S**, et al: Female voiding dysfunction: Survey of practice patterns amongst Indian urologists. **Continence** 2023; 6: 100586.
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 43. **Sinha S**, Ganpule AP. Gender Equality in Indian Urology. *Indian J Urol* 2022;38:83-4.
 44. **Sinha S**, Shah M. Augmentation cystoplasty in children with stages III and IV chronic kidney disease secondary to neurogenic bladder. *Asian J Urol* 2022; 9: 313-317.
 45. **Sinha S**. Editorial Comment. *Indian J Urol* 2022;38:287
 46. Blayne W, Sakakibara R, **Sinha S**, et al. Lower urinary tract dysfunction in uncommon neurological diseases: A report of the neurourology promotion committee of the International Continence Society, *Continence* 2022; <https://doi.org/10.1016/j.cont.2022.100022>.

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48. Bharadwaj S, **Sinha S**, Swain M. Large Accessory Scrotal Spleen Masquerading as Testicular Tumor. *Société Internationale d'Urologie Journal* 2022; 5: 354-355.
49. Johnson E, Mamoulakis C, Omar MI, **Sinha S**. Conservative interventions for managing urinary incontinence after prostate surgery. *Cochrane Database of Systematic Reviews* 2021, Issue 5. Art. No.: CD014799
50. **Sinha S**, Matai L. Association of Age With Lower Urinary Tract Function in Adult Men Presenting for Urodynamics: A Database Analysis *Société Internationale d'Urologie Journal* 2021; 2: 274-281.
51. **Sinha S**, Matai L. Double trouble! Rare complete duplication of the entire urinary tract with dual neurogenic bladders necessitating dual intermittent catheterization. *Société Internationale d'Urologie Journal* 2021; 2, 72.
52. **Sinha S**, Matai L. Is isolated bladder outlet obstruction associated with hydronephrosis? A database analysis. *Neurourol Urodyn* 2020; 39:2361-67.
53. Poonawala A, Yande S, Patel A, **Sinha S**, Sen S. Rapid impact of the virtual skill enhancement program across Asia and Africa to address the knowledge gaps for the utilisation of urodynamics in real world setting. *Int J Urol* 2020; 27 (Suppl 1): 117
54. **Sinha S**, Matai L. Re: Use of Botulinum Toxin A (BoNT-A) in Detrusor External Sphincter Dyssynergia (DESD): A Systematic Review and Meta-analysis. *Urology* 2020. doi:10.1016/j.urology.2020.03.007
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56. **Sinha S**, Lakhani D, Singh VP. Cough associated detrusor overactivity in women with urinary incontinence. *Neurourol Urodyn* 2019; 38: 920-926.
57. **Sinha S**. Re: Panicker et al. Do we understand voiding dysfunction in women? Current understanding and future perspectives. Letter to editor. *Neurourol Urodyn* 2019; 38: 875
58. Singh VP, **Sinha S**. Spontaneous knotting of urinary catheters placed with nonindwelling intent: Case series and literature review. *Urol Ann* 2019;11:443-6.
59. **Sinha S**, Agarwal MM, Vasudeva P, Khattar N, Madduri VK, Yande S, Sarkar K, Patel A, Vaze A, Raina S, Jain A, Gupta M, Mishra N. The Urological Society of India Guidelines for the Evaluation and Management of Nonneurogenic Urinary Incontinence in Adults (Executive Summary). *Indian J Urol* 2019;35:185-8
60. Sabnis RB, Rajeev TP, **Sinha S**, Srivastava A, Mittal R. Survey by urological society of India (USI) to understand practice patterns in diagnosis and medical management of voiding luts secondary to benign prostatic obstruction (BPO). *Ind J Sci Res* 2019;8:18-21.
61. **Sinha S**, Yande S, Patel A, Vaze A, Sarkar K, Raina S, Agarwal MM, Vasudeva P, Khattar N, Madduri VS, Mishra N, Jain A, Gupta M. The Urological Society of India survey on urinary incontinence practice patterns among urologists. *Indian J Urol* 2018; 34: 202-10
62. **Sinha S**, Shah M, Babu DM. Symptomatic Lower Urinary Tract Dysfunction In Sacral Agenesis: Potentially High Risk? *Ind J Urol* 2018; 34: 56-61
63. Sharma RM, **Sinha S**, Kishan HB, De Padua M. Delayed presentation of a virilising, pure testosterone-secreting adrenocortical carcinoma with

- coexistent composite myelolipoma and a venous thrombus extending to the heart. *BMJ Case Rep*. 2018 Jan 23; 2018
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 80. **Sinha S**, Siriguri SR, Kanakmedala SK, Bikkasani K. Prostate biopsy findings in Indian men: a hospital-based study. *Indian J Cancer*. 2011; 48:175-80.
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 83. R Jha, G Narayan, BS Rao, S Shekhar, S Sinha, VM Raj. Post transplant malignant disorders. *Indian Journal of Transplantation* 2010: 4, 37-37

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Chapters in books:

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6. Kumar M, Sinha S. Techniques of ablation of posterior urethral valves. In: Sinha S, Bhandari M (eds.). Posterior urethral valves. UrolSocInd publication, 1996, pp41-46.
7. Sinha S, Sinha JK. Chemical Burns. In: Hanumandass ML, Ramakrishna M (eds.), Handbook of Burns Management. New Delhi. Jaypee Bros Med Publ: 1991, pp 152-9.
8. Sinha R, Sinha S. Incontinence in the girl child- diagnosis and treatment. In: Krishna UR, Sheriar NK (eds), ‘Gynecological Urology’ Orient Longman, Mumbai: 2001, pp 115-127.

Former Positions

1. **Chairperson**, IUGA Subcommittee for International Exchange Teaching Programs (2011- 2015)
2. **Member, Education Committee**, International Urogynecology Association (2008-2016)
3. **Council Member**, Urological Society of India, South Zone

Awards and Honors:

1. Eight **Distinctions** in MBBS- Anatomy, Biochemistry, Physiology, Pathology, Pharmacology, Preventive and Social Medicine, ENT and Surgery.
2. **Gold Medal** in Biochemistry.
3. BhagwandasWadhwa memorial **Gold Medal** in Preventive and Social Medicine.
4. Silver Medal in Otorhinolaryngology.
5. Anatomical Society of India award for highest marks in Anatomy.

6. Award for Best Research Project in Anatomy on 'Variations in the anatomy of the lumbar plexus'.
7. **University Medal** in Pathology.
8. Stood **First** at the all three Professional MBBS examinations.
9. **University Medal** by Banaras Hindu University for standing First at Final MBBS, 1987.
10. Association of Surgeons of India award for highest marks in Surgery.
11. **Pfizer Medallion** and Scroll of Honor for distinguished performance at the Final MBBS.
12. Institute of Medical Sciences **Best Student Award**
13. **Bard Scholarship in Urology** awarded by the Urological Society of India in 1993.
14. **Best Paper Award**, at the APSOGUS, 1999 for paper on stress incontinence.
15. **Medal for Point Counter Point Debate** at the SZUSI, Chennai, 2003
16. **BKP Best Paper Award** at National Urological Society of India Conference, Ahmedabad, 2005
17. **Urological Society of India Guidelines Panel Member** for the "Guidelines for the management of bladder tumors" 2008-2009
18. **Dr G Hariprasada Memorial Oration, Tenali, 2013**
19. **Best Reviewer Award by the Indian Journal of Urology in 2011**
20. **Best Paper Award (Pediatrics Category): ICS Annual Congress, Gothenburg 2019** for paper "Augmentation Cystoplasty In Children With Stages III And IV Chronic Kidney Disease Secondary To Neurogenic Bladder"
21. **Web of Science Global Peer Reviewer Award for 2019** (Top 1% across all fields of medicine)
22. **Best Clinical Researcher Award, Apollo Hospitals, at the Group Level, 2023**
23. **Best Reviewer Award, Neurourol Urodyn for 3 consecutive years**
24. **Best Abstract Award, ICS 2023 for our paper 'Conservative interventions for managing urinary incontinence after prostate surgery'.**

Other Awards

1. **National Talent Scholarship** in 1981 at the 10th Grade level.
2. **First All India** In The 12th Standard Board Examination ISC with 96.75% in 1983